



Professional Biography

Donna Rustigian Mac is a communication educator, keynote speaker, and President of iVoice Communication, Inc. A pioneer and early woman in broadcasting, Donna hosted and produced *Vital Women Radio* from 2003–2008, where she interviewed more than 100 thought leaders and elevated conversations around leadership, growth, and human potential. She later transitioned into entrepreneurship and corporate coaching, supporting leaders to navigate this NEW world of communication while influencing effectively across organizations.

Donna's work is grounded in both practical application and science. What sets her apart is her ability to connect communication with well-being. Drawing on her certification in mindfulness (2018) and her work as a Qualified Change Facilitator through Brown University's Mindfulness Center (2021), she helps audiences understand the direct link between how they communicate and how they think, feel, and perform. Her work addresses the real challenges professionals face today—like overthinking and communication fatigue—and provides both unique and practical ways to move through them.

In 2023, Donna published *Know and OWN Your Worth: To Be a Leader*, a book that reinforces her core message: this work helps us become sovereign; the leader of our lives and careers and shapes not only results, but our experience of work and life.

Today, Donna partners with organizations and professionals who understand that strong communication is more than a skill—it's a strategic advantage that drives both prosperity and healthy human connections. Known for her relatable presence and interactive approach, Donna delivers experiences that resonate across audiences—especially with professionals who want to perform at a high level *and* feel more confident, clear, and grounded in how they show up.

Brief Biography

Donna Rustigian Mac is a communication educator, keynote speaker, and President of iVoice Communication, Inc., who has spent more than 30 years at the forefront of evolving communication. A pioneer and early woman in broadcasting, she later transitioned into corporate coaching, supporting leaders to communicate with clarity, confidence, and influence in this very new and different world of communication.

Blending both unique and practical tools with science-backed insight, Donna connects communication to well-being—supporting professionals to reduce overthinking, build trust, and perform at a higher level. Known for her relatable presence and interactive approach, Donna is also the author of *Know and OWN Your Worth: To Be a Leader*. Meeting planners value her for delivering engaging, actionable keynotes that resonate well after the conference has ended.

www.iVoiceCommunication.com